



The passage from Africa to the America's, the Middle Passage, was the most infamous part of the triangle voyage. Sailing for weeks on end without land in sight must have been horrendous. The Unity left Africa with 319 enslaved Africans, 33 crewmembers, 42 large barrels of fresh water, food supplies and firewood and nearly 4000 'Middelburg pounds' of ivory. The journey across the Atlantic lasted nearly two months.

① What is the origin of the proverb?

One hand for yourself and the other for the ship = do not neglect your own safety.

This proverb was originally used as a safety warning for those working at sea to ensure their own safety on unpredictable seas.

Try to think of the origin on the proverbs below:

A stern chase is a long chase = it takes time to catch up when equally matched

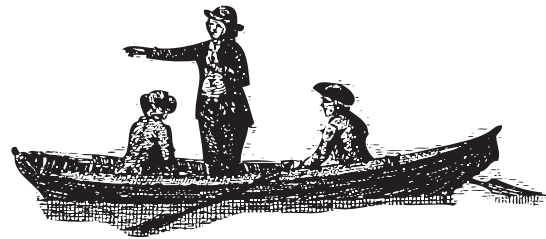
What might be the origin of this proverb?

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.....

Batten down the hatches = prepare for disaster

What might be the origin of this proverb?

.....
.....



Between the devil and the deep blue sea = a choice between two unattractive alternatives

.....
.....

② Prepositions

The preposition 'for' in itself is somewhat meaningless. 'Prepare' is a verb.

By combining the verb and the preposition the relationship between the words in the sentence, defines the preposition. 'Prepare for a voyage', for instance. The English language has about 150 so-called prepositions.

Which prepositions could be used with the following verbs?

- | | | | |
|-----------|-------|------|-------|
| Apologize | | Grow | |
| Ask | | Look | |
| Bring | | Make | |
| Care | | Work | |

Can you think of more?

.....
.....

③ Make sentences

Can you make five sentences about sailing with a verb and preposition?

1.
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2.
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3.
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4.
.....
5.
.....

④ Find the following words

stern	anchor	port	ballast	keel
windward	log	ammunition	little john	scurvy
mirror	leeward	starboard	galley	compass
spacious	mast	bow	cards	caulking

U C M A T L M E J B D E
Z D G A H L E E W A R D
H R O H C N A E Y L A G
G A L L E Y Z C K L W E
N O I T I N U M M A D G
C B H K Y V R U C S N V
I R N H O J E L T T I L
C A U L K I N G T E W N
A T M I R R O R Q R E T
R S P A C I O U S N S F
D A I R D P B O W A I Y
S O O T S S A P M O C D

⑤ Finite verb

Underline the finite verb in the five sentences in exercise 3.

Place a circle around the subject.

